



Be Our Guest!

Silver Sunday Afternoon Tea
7th October @ 12:30 pm – 3:30 pm
Woodhouse College, Woodhouse Rd, N12 9EY

Senior citizens in Barnet, London's largest borough, are once again invited to bring their family or come along and make new friends at Barnet's fourth annual Silver Sunday afternoon tea party drop-in event on Sunday 7th Oct. 2018.

There will be a variety of entertainment to join in or simply sit back and enjoy, as well as lots of information on things to do and services and facilities available. And all this is free, organised by Barnet Seniors' Association (BSA) in tandem with the London Borough of Barnet. It is not necessary to book for the event: however, it would be helpful for catering purposes to let us know if you plan to attend. Please could you email Neill at distribution@barnetseniors.org.uk or leave a message on 0203 778 0151 and we will get back to you.

Barnet's Silver Sunday agenda is part of a nationwide programme led by The Sir Simon Milton Foundation to celebrate the value and knowledge that older citizens contribute to their communities. Everyone can get involved, whether it's spreading the word, helping to organise an event or simply attending an activity. Silver Week activities will be taking place throughout the borough for the week beginning 1st October.

If you want to know what will be on in Barnet during this special week, visit your local Barnet library, go online to www.barnet.gov.uk/silverweek or view the Sept/Oct issue of the BSA newsletter *Insider*. If you would like to contribute by running an event, please contact the Prevention and Wellbeing team on 020 8359 2519 or email preventionandwellbeing@barnet.gov.uk

